

Book Covers

Needs list for book cover

A straight sided mug (it is important that the sides are straight, tapered or curved will not work).

½ metre of medium weight calico

Assorted scraps of cotton to make the flowers

Pencil or light fabric marker

Organza if you have it.

½ metre Bondaweb

Three machine embroidery thread spools to blend with the colours of your flowers

Cream cotton thread to match the calico also thread to match the mug hug strips.

Sewing machine, spare machine needles

Hand sewing kit including needles, pins and scissors also paper scissors

½ metre of heavy dress weight sew in Vilene

Masking tape.

Rotary cutting mat, ruler and cutter

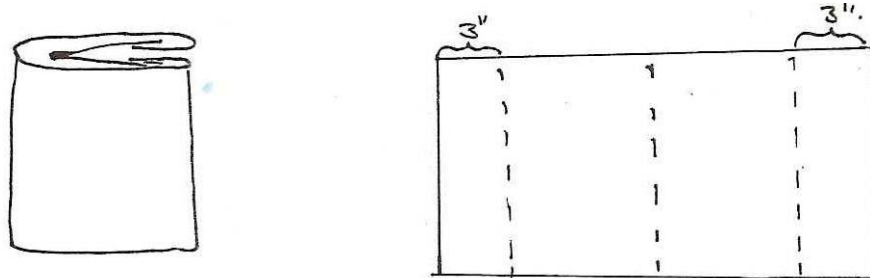
A5 note book to cover one with a covered spine **not** one with a wire spine.

thread to blend with the fabric you are using for the mug hug.

One ponytail tie

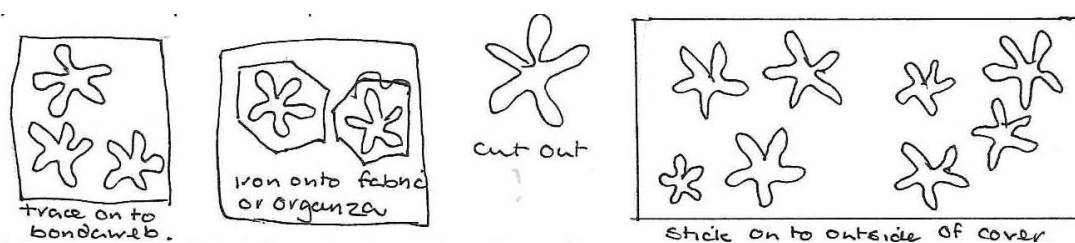
Instructions for making a book cover

Take the book you are covering and the calico and wrap it round the book as a dust cover. Iron in creases on the edge of the book both ends and fold the calico in half so that you can mark where the spine will go. See diagram below.



Making Flowers

In these notes you have the patterns for the flowers. Trace these onto the smooth side of the sheet of bondaweb. This is a sheet of fabric glue which sticks when heated. If you are not sure which side is which ASK! Cut roughly round the flowers and line up on the fabric scraps and organza with the rough side against the organza or fabric. Place a piece of baking parchment on the ironing board and a piece of baking parchment on the top of the fabric and bondaweb. Iron. Allow to cool then cut round the flowers on the pencil line. Take the paper off the back of the bondaweb and position on the calico. When you have placed all your flowers on the calico put the baking parchment on top and iron in place.



Cut a piece of bondaweb the same size as the calico. Put a piece of baking parchment onto the ironing board. Put the calico book cover with the outside of the cover against the baking parchment. Iron the Bondaweb onto the inside of the cover, this will stabilize the cover while you are embroidering it. Leave the paper backing to the Bondaweb in situ, this will stabilize the calico while you sew circles onto it.

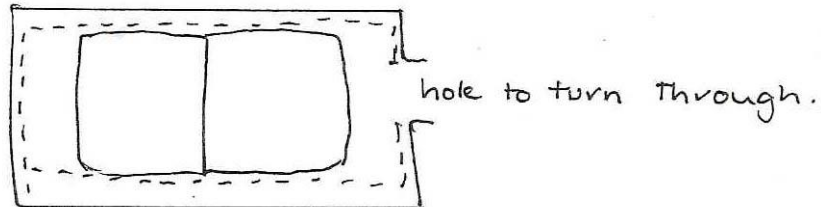
Stitching circles

Thread your sewing machine with a cream thread in the bobbin and a machine embroidery thread on the top. Try out the stitch you are planning to use on a scrap piece of fabric with freezer paper ironed underneath it to stabilize. More open stitches seem to work better than close satin stitch ones and stitches intended for finishing edges in dressmaking do make good patterns. I find that when I go over a close satin stitch circle with another circle it tends to distort the second circle.

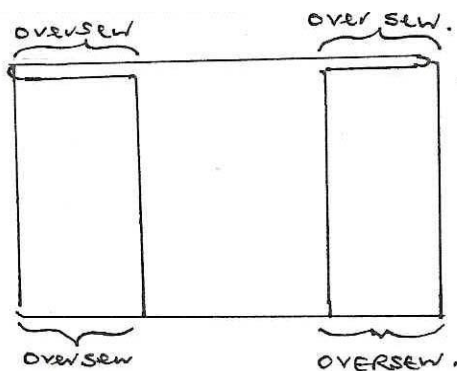
Put the drawing pin point up in a sideways line from the needle. The gap between the needle and the drawing pin is the radius of the circle you will be sewing. Stick in place with masking tape. Impale the sample of fabric backed with freezer paper onto the drawing pin. Now put a piece of cork on to the pin to hold the fabric in place. Stitch round carefully. Renew the masking tape for

each circle you embroider. When you are happy with your circles, stitch circles on to the top of the calico book cover.

When you have done as many circles as you want, pull the ends of the threads to the back. Stretch out the book cover and put your book in it. Draw a pencil line along the edge of the top and bottom of the book. Stitch the Vilene to the book cover about $\frac{1}{8}$ th above the line all the way round to give some "wriggle room". Leave a gap at one end as shown below so that you can turn it through.



Turn the cover through and slip stitch the turning hole closed. Sandwich the cover between baking parchment and iron the cover so the inside of the cover is stuck to the Vilene. Now slip stitch along the folded top and bottom to create pockets for the book to fit in.



Now slip stitch along the top of the folded top and bottom to create pockets for the book to fit in.

